

# WIGSTON CENTRAL SURGERY PATIENT PARTICIPATION GROUP NEWSLETTER DECEMBER 2015

## Did You Know?

There were **163** patients who did not attend their appointment in **October** and **166** in **November**. Despite writing to the patients these figures are exceptionally high. **Do you have any ideas how we can reduce them?**

## PLEASE HELP US SAVE OUR POPULAR OPEN MORNING SURGERY BY CHOOSING MORE WISELY!

The doctors are struggling to cope with demand in the mornings.

Use afternoon appointments for:  
Routine test results,  
Chronic Disease Management  
Follow up appointments, Mental Health Reviews, Baby checks and any **Non Urgent Medical Complaints**.

REMEMBER YOU CAN ASK TO SEE THE NURSE PRACTITIONER IN OPEN MORNING SURGERY  
THANKYOU!

## Practice News

### Get Wise Get Fit Get Healthy

Monday 11<sup>th</sup> to Friday 15<sup>th</sup> January

This is the focus for our Health Awareness Week.

In response to our survey you highlighted that **Diabetes and Weight Loss** were a concern so come along to the surgery and find out what activities and help is available in your local area.

Did you know that your GP can refer you to several **Weight loss sessions** as well as **physical activity programmes** ?

**Many thanks** to those who attended the Open Evening or completed the questionnaire re the proposed closure of the Branch Surgery at Springfield Road. The information is now with NHS England and we hope to hear the outcome in the New Year.

If it is not a 999 emergency and you are not sure which NHS Service you need call 111 for advice. See the new NHS app

**IMPORTANT REMINDER FLU INJECTIONS**  
Despite sending out reminders some patients have still not contacted the Surgery to get their Flu injection. PLEASE CONTACT US as it is very important.

The Surgery will close at 4pm on December 24<sup>th</sup> and reopen on Tuesday 29<sup>th</sup>. The Surgery will close at 4pm on December 31<sup>st</sup> and reopen on Monday 4<sup>th</sup> January.

## PPG (Patient Participation Group)

This is your surgery, Have your say, Join the PPG  
Interested Speak to a Receptionist

The next PPG meeting will be at 6.30pm on Monday 8<sup>th</sup> February  
All welcome. For more information our website is  
[www.wigstoncentral.co.uk](http://www.wigstoncentral.co.uk)